

35. A method of framing a wall structure, comprising:

providing a first track;

providing a second track substantially aligned and spatially disposed from the first track;

5 providing a plurality of studs interposed between the tracks, each stud characterized by a longitudinal extending medial web portion and one or more longitudinal extending stiffening flanges between ends of the stud;

providing a clip for operatively connecting a selected stud's first end to the first track in a slip joint, the clip comprising:

10 a base fixable to the first track; and

a guide depending from the base comprising opposing arms defining a channel receivingly engageable with the selected stud's web in a characteristic operative sliding relationship;

engaging the selected stud's first end with the clip;

15 connecting the clip to the first track with a fastener; and

connecting the selected stud's second end to the second track with a fastener.

36. A method of framing a wall structure, comprising:

- providing a first track;
- providing a second track substantially aligned and spatially disposed from the first track;
- providing a plurality of studs interposed between the tracks, each stud characterized by a longitudinal extending medial web portion and one or more longitudinal extending stiffening flanges between ends of the stud;
- providing a clip for operatively connecting a selected stud's first end to the first track in a slip joint, the clip comprising:
 - a base fixable to the first track; and
 - a guide depending from the base comprising opposing arms, at least one of the arms compressingly engageable with the selected stud's web in a characteristic operative sliding relationship;
- engaging the selected stud's first end with the clip;
- connecting the clip to the first track with a fastener; and
- connecting the selected stud's second end to the second track with a fastener.

37. A deflection clip comprising:

a planar base plate comprising a first surface and an opposing second surface;

and

a guide depending from the base plate, comprising:

a first arm extending along a longitudinal axis substantially transverse to

the base plate from a proximal end adjacent the second surface; and

a second arm extending away from the base plate oriented in the same

direction as the first arm defining a channel interposed laterally

between the arms.